Background in Receiving and Giving Spiritual Direction

Student Name:

1. How long have you received spiritual direction? How frequently?

2. A) Have you been asked by another to serve as spiritual director? How often?

   B) Have you served as spiritual director for another person? How often?

   C) Has anyone recommended that you become a spiritual director for others?

3. Briefly describe your background in biblical and theological studies.

4. Briefly describe your background in skills related to spiritual direction; e.g., listening, empathy, offering feedback.

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